

DEE KAYAK MARATHON (Aberdeen)

A Haslar Championship Qualifying Race

Sunday 18th October 2009

LONG COURSE (9 miles): From Maryculter Bridge, past Aberdeen Boat Club, round the harbour bridge, upstream round road bridge, one above the railway bridge, return to finish downstream at the Aberdeen Boat Club. Understern rudders may need to portage.

SHORT COURSE (7 miles): From Maryculter Bridge to Aberdeen Boat Club to finish downstream at the Aberdeen Boat Club. Understern rudders may need to portage.

MINI COURSE (~3 miles): Start & Finish upstream at the Aberdeen Boat Club with 2 classes; Junior Lightnings (U8, U10, U12) skis & adult beginners. Race will start after the short course to allow for sufficient safety cover.

Safety / Equipment: All competitors must attend the 12.00 Pre-Race **Safety Briefing** @ Maryculter Bridge (near AB12 5FX). Buoyancy Aids are compulsory for all paddlers under age 18 & recommended for all other paddlers. Crash helmets must be worn by all paddlers in closed cockpit boats. Race organiser reserves the right to change the course in adverse weather or River conditions.



Entries: Check-in from 10.00am & Safety briefing 12.00 at Maryculter Bridge, South Deeside Road, (near AB12 5FX). 1st Pre-Start: 1.00pm. Entries are accepted up until 45 minutes before the race; however, early entries by post / email would be appreciated. Entry fees are £4.00 for Seniors, £4.00 for Juniors (U18). Maximum of 3 paddlers per Open Canadian Canoe.

Après Paddle: Shower & changing room facilities, cake stand, snacks and drinks for sale at the finish with the Aberdeen Boat Club bar, kayak machine. Prize giving includes a new trophies for Ladies, General Purpose Kayaks, Plastic single Sea Kayaks mini course. Award of the Highland Series Quaich & more.

Photo: Spa Washing machine Rapid, inspection opposite Ardee House Hotel. **Further Info:** www.integratopaddling.org.uk or contact Mark 07770 741348

Long Course K2 Records				
SM	Moessner / Bragg	Integrate	0.53.11	2004
VM	Wakem / Hutt	DKC/CKKC	1.08.21	1996
Short Course K2 Records				
SM	Maxwell Armstrong	Ind	37.45	1988
JM	S & N Paterson	KCC	0.48.16	2006
VM	Chrisholm Davidson	KCC	0.45.05	1990
MM	Preston / Chisholm	KCC	0.38.44	1998
SL	Moessner/Jacobson	Integrate	0.48.32	2006
JL	Philips / Heale	SCC	0.52.56	1985
C2	Gay /	St AUCC	0.52.47	1998

Short Course Recent new Class Records				
Canadian	K Wade/ JL Delauney	NESKY	1.09.27	2008
Single Sea Kayak (glass)	J Fairley	Ind	58.25	2006
Single sea kayak (Plastic)	R Flemming	NESKY	1.04.48	2006
Double Sea kayak (plastic)	D Storr G Milne	NESKY	1.11.03	2007
Double Sea Kayak (glass)	A Rose K Pole	Integrate	0.57.43	2006
Touring single	S Gray	AKC	01:04:38	2008
SCA Pink Wavehopper WWK1	?	?	?	2009
Single Racing Ski	I. Wilson	Cosmic Hill	30.19	2008
Double Racing Ski	?	?	?	2009



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Dick Fleming communications



MANAGING RISK



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CANOES + KAYAKS

Defending Highland Series Champions: Cults Canoe Club

Long Course K1 Records

SM	J Speck	SKRC	0.51.51	2004
JM	C O'Brian	KCC	1.17.31	1986
VM	C Urquhart	Inverness	0.53.40	2004
MM	I Wilson	Aberdeen	0.54.28	2004
SL	M Chapman	KCC	1.07.55	1994

Short Course K1 Records

SM	A Morton	KCC	0.35.22	1998
JM	A Preston	KCC	0.36.20	1998
VM	A Mackintosh	KCC	0.39.18	2002
MM	J Hutt	CKKC	0.40.30	2002
SL	C Berry	FCC	0.41.59	1988
JL	J Hutt	CKCC	0.40.32	2002
VL	U Mackintosh	KCC	0.41.18	2002
C1	P Woodhead	DKC	1.01.55	1994